



The GAPABA
Women's Leadership Network presents:

SUP YOGA
led by Jana Rife of Hanalei Sup Yoga

Sunday, June 10, 2018

10:30am - 12 noon

Little River Marina @ Lake Allatoona
6986 Bells Ferry Road, Canton 30114

Come join the WLN for a stand-up (SUP) yoga class on a paddleboard! SUP yoga is a 90 minute class starting with a 30 minute lesson in paddleboard basics, 40 minute gentle yoga session, and ending with a 20 minute guided meditation session. All equipment is included!

\$30 for GAPABA members

\$40 for non-members

register at: www.gapaba.org/events

*participants must know how to swim & execute a liability release

For more information, contact Chinny at chinny@ramoslawfirm.com