



## **Dr. Ericka Goodwin, MD**

**CEO**

**Goodwin Wellness Enterprises &  
Goodwin Medical Associates**

Dr. Ericka Goodwin, the CEO of Goodwin Wellness Enterprises, LLC and Goodwin Medical Associates, LLC, is a board-certified child, adolescent, and adult psychiatrist, as well as a bestselling author, speaker, and integrative lifestyle coach. A graduate of Spelman College and Emory University School of Medicine,

she completed her general psychiatry training at Morehouse School of Medicine. She became a Jeanne Spurlock Congressional Fellow before training in child and adolescent psychiatry at Harvard. She is passionate about improving mental wellness, making people feel loved, cared for, and seen, and helping people see the best in themselves.

In addition to her clinical work, she has co-authored *Thinking About Quitting Medicine, Volume 1*, *Mind Matters: A Resource Guide to Psychiatry for Black Communities*, and *How Amari Learned to Love School Again: A Story About ADHD*. Her new book is *Fix Your Fairytale: A Woman's Guide to a Great Life, Love, and Legacy*. Along with working as a traveling psychiatrist, Dr. Ericka also mentors and volunteers as faculty at Morehouse School of Medicine. Her goal is to enable women to embrace their authentic selves free from the expectations of others while living a life filled with love and joy. In her free time, she enjoys traveling and cooking. Dr. Ericka lives in Atlanta.